

# MEDILODGE OF ROCHESTER HILLS | EVSLETTER

1480 Walton Boulevard, Rochester Hills, MI 48309 P: 248.651.4422 www.medilodgeofrochesterhills.com April 2017



zen+sa+tion+al noun /zen'sāSHənl/

- 1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
- 2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

### "Motown Oldies but Goodies"

On March 2nd the residents had a good time dancing and singing to the "Motown Oldies but Goodies" with our guest singer, Faye. Everyone had a good time. It brought back memories of the "good old days".



### Attention to All Family Members of our Residents!

If you haven't filled out an Inventory sheet when your loved one arrived, please see our Director of Admissions, Jessica, and she will provide you with one so that all belongings can be documented and tracked. Please make sure that any items brought in afterwards, is added to the inventory list. Thank you!

#### **April Showers**

April showers bring May flowers,
This is what they say,
But if all the showers
turned to flowers,
We would have quite
a colorful day.

There would be bluebells
and cockleshells,
Tulips red and green,
Daffodils and Chinese squil,
The brightest you've ever seen.

You'd see tiger lilies
and water lilies,
Carnations pink and blue,
Forget-me-not
and small sundrop,
Glistening with the dew.

We'd have fireweed
and milkweed,
And many more
different flowers,
Mexican star and shooting star,
Falling in the showers.

And if all the showers
turned to flowers,
On that rainy April day,
Would all the flowers
turn to showers,
On the sunny month of May.



### Easter Bunny

The Easter bunny is a figure and a symbol of Easter as a rabbit bringing Easter eggs.

Originating with the German Lutherans, the "Easter Hare" originally played the role of a judge, evaluating whether children were good or disobedient in the Easter



season. The Easter bunny is sometimes shown in clothes. The legend is, the creature carries colored eggs in his basket, candy, and sometimes also toys to the homes of children. This is similar to Santa Claus, as they both bring gifts to children on the night before the holiday.

The custom was first mentioned in 1682, a German tradition of an Easter hare bringing Easter eggs for the children.

### **Easter Facts**

**Easter Sunday** is a holiday celebrating the resurrection of Jesus. This is from the New Testament occurring on the third day after his crucifixion . This took place with the Romans at Calvary in 30 AD at the culmination of the Passion of Jesus. This holiday is preceded by Lent, the period of fasting, prayer and penance.

The story of the first Easter Egg – After the Ascension of Jesus, Mary Magdalene traveled to Rome to meet the Emperor Tiberius. Since no one was allowed an audience with the Roman Emperor, who did not bring him a gift, she brought an egg, which she handed to him saying "Christ has risen". The Emperor was offended at such a lowly gift, but Mary explain

that as a living thing could eventually emerge from the stone like shell of the egg, so Jesus came forth from the tomb alive, having been dead when placed there. When he expressed disbelief, the egg turned red as a sign of the truth of the resurrection – and then he believed. From this comes the custom of the Easter egg honored by Christians each Easter when they exchange red-dyed eggs.



#### **Passover Facts**

Passover is celebrated in the early spring. This year it falls on April 10th through the 18th. It celebrates the release of the Israelites from slavery in ancient Egypt.

The Hebrew word is "Pesach" which means to pass over because God passed over the Jewish homes when killing the Egyptians first born.

After that, the Pharaoh chased the slaves out of the land. Six hundred thousand adult males and thousands of women and children left Egypt that day and started on their journey to Mount Sinai as God's chosen people.

## The Month of April

For hundreds of years, people celebrated the New Year for eight days, beginning on March 25th and ending on April 1st. In 1582, Pope Gregory changed all that. He introduced a new calendar, which all people in the Christian world were supposed to follow. On this new calendar, the year began on January 1st.

Some people who hadn't heard about the new calendar or didn't really believe or care, still celebrated on April 1st. Other people called these people "April Fools" and played tricks on them. This was the beginning of April Fool's Day.

April 1st was used to celebrate the birth of Christ up until 350 AD when Pope Julius I declared that Christ's birthday would be celebrated on December 25th.

The Zodiac signs for April are: Aries, March 21st to April 19th, and Taurus, April 20th to May 20th. The daisy, which symbolizes innocence and the sweet pea are the flowers for April.

The diamond is the birthstone for the month of April.

NASA announced the selection of America's first seven Astronauts on **April 9, 1959.** 

Leonardo da Vinci, Italian painter, sculptor and scientist was born **April 15, 1452** 

William Shakespeare, the playwright, was born **April 23, 1564**.

George Washington was inaugurated as the first president of the united States of America on **April 30, 1789**.

The United States Library of Congress was established **April 24, 1800**.

The Titanic sunk on its maiden voyage on **April 15, 1912**. (The ship that God couldn't sink!)

The Vietnam war ended on **April 30, 1975** when South Vietnam surrendered.

Just a reminder, we have a new hairdresser, Deana Johnson will be here every other Thursday, 10:00 a.m. to 3:00 p.m.

<b>Men's Haircut</b>
Men Shampoo Only \$5.00
Men's Wash & Haircut \$15.00
Beard Trim \$8.00
Women's Haircut\$20.00
H/C Wash & Curl\$20.00
Haircut & Blow Dry \$26.00
Wash/Roller Set \$20.00
$\rmH/C$ Blow Dry, Curl Iron . $\$32.00$
Tiny & Wash/Set \$50.00
Permanent (Starts At) \$45.00
Tiny With Cut & Set \$58.00
TC 1

If you have any questions call Karen 248.651.4422

# Employee of the Month

The Employee of the Month for February 2017 is Annabelle Trespeces.

Thank you Annabelle for your hard work and dedication.

#### **New Employees**

We would also like to welcome our new employees for the month of February: Marc Giant is our new Dietician and GeRita Hardeman is our new Staffing Coordinator, Welcome to our team at Medilodge.



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www.facebook.com/medilodge

#### Your Friendly Staff

Administrator Christine Charlesworth
Dir. of Nursing Suzanne Brown
Admissions Coordinator Jessica Ward
Social Services Holly Geottes
Activity Director Sherry Watt
Maintenance Dir. Chet Mazzoni
Therapy Manager Barb Beeman
Billing Bokeba "Bo" Johnson

#### Office Hours

Weekdays 7:30 a.m. – 7:00 p.m.

#### Visiting Hours

Monday – Sunday 24 hours a day Preferred visiting hours 8:00 a.m. – 9:00 p.m



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## April – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

Ι	Χ	Υ	F	М	0	Н	Р	Н	Α	Τ	X	Α	Ν	Р
Q	$\bigvee$	Е	Α	R	Τ	Н	Е	Α	L	Τ	Н	Χ	J	U
V	J	0	K	Е	S	Q	Υ	P	L	$\bigvee$	$\mathbb{M}$	L	Ν	Α
R	Е	Α	S	Τ	Е	R	S	P	$\bigvee$	Н	S	Α	P	C
Е	S	Τ	R	Е	S	S	C	Ι	Υ	J	R	U	Ζ	Τ
С	P	Z	Р	U	G	$\bigvee$	J	Ν	Υ	Е	Е	G	Τ	Ι
Υ	Α	Υ	L	$\bigvee$	Ι	J	Q	Е	D	L	G	Н	R	$\bigvee$
C	S	Z	Н	S	$\mathbb{W}$	Υ	Н	S	J	L	Q	Τ	Е	Ι
L	S	U	R	K	$\mathbb{N}$	Е	J	S	Z	Υ	K	Е	Е	Τ
Е	0	U	Е	Ν	G	Α	G	Е	D	В	Ι	R	S	Ι
Q	$\bigvee$	R	U	G	Ι	В	0	U	K	Е	Т	Е	Т	Е
S	Е	F	Н	C	U	D	Н	J	Q	Α	W	U	Ν	S
Ζ	R	G	W	S	U	Т	D	R	J	Ν	Υ	S	K	J
K	M	F			Q								0	S
G	U	Ι	U	Τ	G	V	P	R	Н	М	Ι	Q	Ζ	Q

Word List

ACTIVITIES
EARTH
EASTER
ENGAGED
FUNNY
HAPPINESS
HEALTH
JELLYBEAN
JOKES
LAUGHTER
PASSOVER
RECYCLE
REUSE
STRESS

**TREES**