



Celebrating Independence Day

On the 4th of July, we traditionally celebrate the anniversary of the declaration of the United States' independence, but did you know that is not when Independence Day celebrations first began? Even though the U.S. celebrates its independence from England on that day, the holiday itself is largely based on English traditions.

When the Declaration of Independence was signed, a staged party was planned to celebrate independence from England, though nothing official was ever done for the day to become a holiday. Because the crowds were so large, it was assumed that the colonizers were interested in separating from the English and the holiday continued.

While the celebrations of the eighteenth century were essentially a political movement, today's Independence Day celebrations are based on the actual freedom the U.S. gained from England. In the last two hundred plus years, the celebration has been about our own independence as the United States of America.

Modern day 4th of July festivities now include parades, feasts, festivals, and other large gatherings of people. Many festivals and parades are held in town parks.



Popular foods to be served on the holiday include hamburgers, hotdogs, corn on the cob, and macaroni or potato salads.

In addition to family gatherings, many people associate the 4th of July with fireworks. While fireworks are largely a Chinese tradition, they are popular with millions of Americans to help celebrate the day with brilliant colorful displays sometimes set to music.

ZENSATIONAL

WELLNESS AT MEDILODGE OF ROCHESTER HILLS

zen•sa•tion•al noun /zen'sāSHənəl/

1. A state of mind and an active process where you join with MediLodge on your journey to Recover, Rejuvenate, Revitalize and Return Home.
2. A whole person wellness centered philosophy, experienced in a relaxed and soothing environment.

"Life does not hurry, yet everything is accomplished."

MediLodge's approach to zensational wellness is an active process in which each lodger and employee are encouraged to make choices toward personal growth in seven dimensions of zensational wellness: physical, social, emotional, spiritual, intellectual, occupational and vocational. The goal of our whole person wellness program is to recognize the unique individuality of every person at our Haven for Healing.

Staff Picnic

We had a staff picnic on Saturday, June 10th. Everyone had a good time. We had a cake walk, games and face painting.



Happy Birthday!

On June 20, 2017 Beatrice B. celebrated her 100th Birthday. Congratulations Beatrice and we hope you have many more!



Historical Facts that Happened in July

- 1698** Thomas Savery patented the first steam engine.
- 1827** Slavery was abolished in New York state.
- 1839** 53 African slaves took over the slave ship Amistad.
- 1853** Opening of the first major U.S. Worlds fair - the Exhibition of the Industry of all Nations in New York City.
- 1865** William Booth and his wife establish the Christian Mission, later known as the Salvation Army.
- 1874** The Sholes & Glidden typewriter, the first commercially successful typewriter, went on sale.
- 1881** The world's first international telephone call was made, between St. Stephen, New Brunswick, Canada and Calais, Maine, United States.
- 1881** Billy the Kid was shot and killed by enemy Pat Garrett outside Fort Sumner.
- 1885** Louis Pasteur successfully tested his vaccine against rabies on Joseph Meister, a boy who was bitten by a rabid dog.
- 1892** The first concrete-paved street was built, on Court Avenue, around the Logan County Court House, in Bellefontaine, Ohio.
- 1902** Willis Carrier showed his air conditioner concept in Buffalo, New York.
- 1908** SOS was adopted as the international distress signal, three dits, three dahs, and three dits. SOS is the only 9 element signal in Morse code.
- 1911** A heat wave occurred in the Northeastern United States, killing 380 people in 11 days.
- 1914** Babe Ruth made his debut in Major League baseball with the Boston Red Sox.
- 1928** Sliced bread was sold for the first time by the Chillicothe Baking Company of Chillicothe, Missouri.
- 1930** The construction of the Hoover dam began. It was completed/dedicated on September 30, 1935.
- 1933** The first Major League All-Star baseball game was played in Chicago's Comiskey Park. The American league beat the National league 4 - 2.
- 1937** Spam (the lunch meat, not the internet junk), was introduced into the market by the Hormel Foods Corporation.
- 1937** Amelia Earhart and navigator Fred Noonan were last heard from over the Pacific ocean while attempting to make the first equatorial round-the-world flight.
- 1938** Howard Hughes set a record by completing a 91 hour airplane flight around the world.
- 1939** Lou Gehrig gave his famous "The luckiest man on the face of the earth" speech, and announced his retirement from Major League Baseball.
- 1940** California opened its first freeway, the Arroyo Seco Parkway.
- 1946** Mother Francesca S. Cabrini becomes the first American to be canonized by the Catholic Church.
- 1946** Howard Hughes crashed his XF-11 reconnaissance aircraft prototype in a Beverly Hills neighborhood.
- 1946** Dean Martin and Jerry Lewis stage their first show as a comedy team at Club 500 in Atlantic City, New Jersey.
- 1947** The Roswell incident, a reported crash of an alien spaceship near Roswell in New Mexico.
- 1947** Newspapers begin reporting on a UFO crash that had happened one day earlier.
- 1950** Your Hit Parade debuted on NBC.
- 1954** The BBC broadcasts its first television news bulletin.
- 1954** Elvis Presley made his radio debut when WHBQ Memphis played his recording for Sun Records, "That's All Right".
- 1955** Disneyland was dedicated and opened by Walt Disney in Anaheim, California.
- 1961** Donkey Kong, a video game created by Nintendo, was released, featuring the debut of Mario.
- 1962** The Rolling Stones performed their first concert at the Marquee Club in London, England, United Kingdom.
- 1962** The first Walmart store opened in Rogers, Arkansas.
- 1962** Telstar, the world's first communications satellite, was launched into orbit. An instrumental pop tune by the Tornadoes tilted after the event reached #1.
- 1963** Zip codes were introduced for U.S. mail.
- 1964** U.S. President Lyndon B. Johnson signed the Civil Rights Act of 1964 meant to prohibit segregation in public places.
- 1969** The United States \$500, \$1,000, \$5,000 and \$10,000 bills were officially withdrawn from circulation.
- 1969** Apollo 11 was launched from the Kennedy Space Center at Cape Kennedy, Florida.
- 1969** In a live transmission from the moon was viewed by 720 million people around the world, with the landing of Apollo 11, at 10:56 p.m. EDT Neil Armstrong and Buzz Aldrin stepped on the surface of the moon, live on International television.
- 1972** The first Gay Pride March in England took place.
- 1977** Martin Luther King Jr. was posthumously awarded the Presidential Medal of Freedom.
- 1977** The New York blackout of 1977.
- 1979** Sony introduced the walkman. (*in Japan*)
- 1979** America's first space station, Skylab, was destroyed as it re-enters the Earth's atmosphere over the Indian Ocean.
- 1983** The world's lowest temperature in an inhabited location was recorded at Vostok Station, Antarctica. (-126.6 °F/-89.2 °C)
- 1984** The PG-13 rating was introduced by the Motion Picture Association of America
- 1985** Back to the future was released, featuring the now famous 1981 DeLorean DMC-12 time machine/automobile.
- 1996** Dolly the sheep was born - the first mammal cloned from an adult cell.
- 1997** NASA'S Pathfinder space probe landed on the surface of Mars.
- 2007** Smoking in England was banned in all public indoor spaces.
- 2012** Astronomers announced the discovery of Styx, the fifth moon of Pluto.
- 2015** NASA's New Horizons probe performs the first flyby of Pluto, completing the initial survey of the Solar System.



MEDILODGE OF ROCHESTER HILLS

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Your Friendly Staff

Administrator Christine Charlesworth
Dir. of Nursing Suzanne Brown
Admissions Coordinator Cara Kelly
Social Services Holly Geottes
Activity Director Sherry Watt
Maintenance Dir. Chet Mazzoni
Therapy Manager Barb Beeman
Billing Bokeba "Bo" Johnson

Office Hours

Weekdays 7:30 a.m. – 7:00 p.m.

Visiting Hours

Monday – Sunday 24 hours a day
Preferred visiting hours 8:00 a.m. – 9:00 p.m.

July – Word Search

Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. (No backwards.) Good luck!

I	Z	F	J	R	O	U	P	W	F	M	H	K	F	R
K	F	I	G	I	T	C	E	B	K	U	J	C	R	X
G	I	N	A	K	F	H	V	C	I	S	N	E	E	E
A	N	D	M	H	Y	E	L	F	R	T	K	L	E	S
S	J	E	E	Y	J	E	Z	O	H	A	E	E	D	X
K	T	P	S	D	F	S	W	U	O	R	T	B	O	F
J	I	E	P	R	Q	E	A	R	T	D	C	R	M	I
D	E	N	I	A	O	C	T	T	D	Z	H	A	U	R
K	K	D	C	T	F	A	E	H	O	U	U	T	A	E
J	L	E	N	I	Z	K	R	O	G	M	P	E	Z	W
F	U	N	I	O	R	E	W	F	S	E	Y	Y	V	O
A	N	C	C	N	S	J	E	J	F	L	A	G	P	R
A	O	E	Y	N	U	A	I	U	U	N	N	S	U	K
R	R	E	L	I	S	H	J	L	Z	Y	J	K	K	S
Q	T	G	U	W	B	U	R	Y	A	N	K	J	W	V

Word List

- CELEBRATE
- CHEESECAKE
- FIREWORKS
- FLAG
- FOURTH OF JULY
- FREEDOM
- GAMES
- HOT DOGS
- HYDRATION
- INDEPENDENCE
- KETCHUP
- MUSTARD
- PICNIC
- RELISH
- WATER

